

The match between Jigsaw PSHE (3-11) for Key Stages 1 and 2 and the International Primary Curriculum

It should be noted that communication, empathy, respect and metacognition, in particular, are embedded within every Jigsaw lesson e.g. the social games (Connect Us) and the multiple opportunities where children consider each other's feelings when they are speaking and listening. Mindfulness philosophy and practice underpin and permeate Jigsaw, with Pause Points and Calm Me in every lesson, significantly developing children's metacognition. Therefore, the pieces (lessons) cited are where explicit learning could be more specifically tailored to the milepost.

Unit coverage for Milepost 3: Upper Key Stage 2, Years 5 (ages 9-10) and 6 (ages 10-11)

IPC Personal Learning Goal	Strand	Milepost 3	Jigsaw Puzzle	Year Group	Piece
Adaptable		To be adaptable I aim to:			
	Flexibility	3.1 approach all tasks across all subjects with an open mind	Being Me in My World	Year 5 (9-10)	Piece 1
			Dreams and Goals	Year 6	Piece 1
		3.2 select roles, ideas and strategies appropriate to the situation	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Piece 5 Piece 5
			Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Piece 6 Pieces 1 and 2
			Relationships	Year 5 (9-10) Year 6 (10-11)	Pieces 3, 5 and 6 Pieces 2, 3, 4 and 5
			Celebrating Difference	Year 6 (10-11)	Piece 4
			Healthy Me	Year 6 (10-11)	Pieces 3,4,5 and 6
			Changing Me	Year 6 (10-11)	Pieces 1, 5 and 6
	Metacognition – supporting learning through managing emotions	3.3 apply strategies to self-regulate my own feelings	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Piece 4 Pieces 1 and 4
			Healthy Me	Year 5 (9-10) Year 6 (10-11)	Pieces 3 and 4 Pieces 1, 2, 5 and 6
			Relationships	Year 5 (9-10) Year 6 (10-11)	Pieces 4, 5 and 6 Pieces 2, 3 and 4
			Celebrating Difference	Year 6 (10-11)	Pieces 2, 3 and 4
			Dreams and Goals	Year 6 (10-11)	Piece 3
Changing Me			Year 6 (10-11)	Pieces 1, 5 and 6	


		3.4 explore what influences my changing views and opinions	Celebrating Difference	Year 5 (9-10) Year 6 (10-11)	Piece 2 Pieces 2 and 3
			Dreams and Goals	Year 5 (9-10)	Pieces 3, 4 and 5
			Healthy Me	Year 5 (9-10) Year 6 (10-11)	Piece 4 Piece 6
			Relationships	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 4 and 6 Piece 5
			Changing Me	Year 6 (10-11)	Pieces 4 and 5
Collaborator		To be a collaborator I aim to:			
	Group/team-work and learning	3.5 take responsibility for my own contributions to groups/teams to achieve goals	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Piece 5 Piece 5
			Dreams and Goals	Year 6 (10-11)	Piece 5
		3.6 offer support to others to help the group achieve shared goals	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Piece 5 Piece 5
			Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Piece 6 Pieces 4, 5 and 6
	Leadership	3.7 develop leadership skills and strategies to capitalise on group/individual strengths	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Piece 5 Piece 5
			Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Piece 6 Pieces 4 and 5
Communicator		To be a communicator I aim to:			
		3.9 use verbal & non-verbal communication that is appropriate to the situation, purpose and audience	Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Piece 5 Pieces 3, 5 and 6
			Relationships	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 4 and 6 Piece 4
			Being Me in My World	Year 6 (10-11)	Piece 1
			Changing Me	Year 6 (10-11)	Pieces 2, 4, 5 and 6
	Digital /social media	3.10 use social media and/or online platforms positively	Celebrating Difference	Year 5 (9-10) Year 6 (10-11)	Piece 3
			Healthy Me	Year 5 (9-10)	Piece 4
			Relationships	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 4, 5 and 6 Pieces 5 and 6
Multilingualism	3.11 select the appropriate language for the situation	Not a Jigsaw objective			

	Integrity	3.12 think carefully before speaking in order to be considerate of others.	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Piece 5 Piece 4
			Celebrating Difference	Year 5 (9-10)	Piece 3
	Clarity	3.13 reflect on the clarity of my messaging and aim for improvement.	Being Me in My World	Year 6 (10-11)	Piece 1
			Celebrating Difference	Year 6 (10-11)	Pieces 3,4 and 6
			Dreams and Goals	Year 6 (10-11)	Pieces 3, 4, 5 and 6
		3.14 seek clarification when I am unsure of what is being communicated	Being Me in My World	Year 6 (10-11)	Piece 1
			Dreams and Goals	Year 6 (10-11)	Piece 3
	Environmental communication (anything in the world around us that communicates a message)	3.15 interpret information considering authority of the source	Relationships	Year 6 (10-11)	Piece 5
			Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Piece 5 Piece 3
			Healthy Me	Year 5 (9-10) Year 6 (10-11)	Piece 4 Piece 3
			Relationships	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 4 and 6 Pieces 4 and 5
			Changing Me	Year 6 (10-11)	Piece 5
Empathetic		To be empathetic I aim to:			
	Learning	3.16 support others' learning when I am able	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Piece 5 Piece 5
			Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Pieces 5 and 6 Pieces 5 and 6
			Celebrating Difference	Year 6 (10-11)	Piece 6
	Emotions	3.17 take action to gain insight into the feelings and emotions of others	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Pieces 2 and 3 Pieces 2 and 3
			Celebrating Difference	Year 5 (9-10) Year 6 (10-11)	Piece 4 Pieces 1, 3, 5 and 6
			Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Piece 5 Pieces 4 and 6
			Healthy Me	Year 5 (9-10) Year 6 (10-11)	Pieces 4 and 5 Pieces 3, 4, 5 and 6
			Changing Me	Year 6 (10-11)	Piece 4
		3.18 make decisions giving consideration to the impact on myself and others	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Piece 4 Piece 4

	3.18 cont.	Celebrating Difference	Year 5 (9-10)	Piece 3	
		Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Pieces 3, 5 and 6 Pieces 3, 4 and 5	
		Healthy Me	Year 5 (9-10) Year 6 (10-11)	Pieces 1, 2, 4 and 5 Pieces 1, 2, 5 and 6	
		Relationships	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 4, 5 and 6 Pieces 2, 4, 5 and 6	
		Changing Me	Year 6 (10-11)	Piece 4	
		Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Pieces 2 and 3 Pieces 2 and 3	
	3.19 develop insight into the experiences of others	Celebrating Difference	Year 5 (9-10) Year 6 (10-11)	Piece 4 Pieces 1, 3, 5 and 6	
		Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 4 and 5 Pieces 3, 4 and 5	
		Healthy Me	Year 5 (9-10) Year 6 (10-11)	Pieces 4 and 5 Pieces 3, 4, 5 and 6	
		Relationships	Year 6 (10-11)	Piece 1	
		Changing Me	Year 6 (10-11)	Piece 4	
		Compassion	3.20 contribute to the welfare of others	Celebrating Difference	Year 5 (9-10) Year 6 (10-11)
	Dreams and Goals	Year 5 (9-10) Year 6 (10-11)		Pieces 5 and 6 Pieces 4 and 5	
	Being Me in My World	Year 6 (10-11)		Pieces 3 and 4	
	Relationships	Year 6 (10-11)		Piece 4	

Ethical

		To be ethical I aim to:					
Ethical	Ethics in school and my local environment	3.21 do the right thing even when no one is watching	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Piece 4 Piece 4		
			Celebrating Difference	Year 5 (9-10) Year 6 (10-11)	Pieces 3 and 4 Piece 6		
			Dreams and Goals	Year 5 (9-10)	Piece 6		
			Relationships	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 4, 5 and 6 Pieces 2, 4, 5 and 6		
			Changing Me	Year 5 (9-10) Year 6 (10-11)	Piece 5 Piece 4		
			Healthy Me	Year 6 (10-11)	Pieces 1 and 2		
			Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 5 and 6 Pieces 2, 3 and 4		
	Ethics in the world (and subject learning)	3.22 learn about the moral/ethical issues associated with particular subjects	Celebrating Difference	Year 5 (9-10) Year 6 (10-11)	Pieces 1 and 2 Pieces 1, 2, 3, 5 and 6		
			Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Pieces 4 and 5 Pieces 4 and 5		
			Healthy Me	Year 5 (9-10) Year 6 (10-11)	Pieces 1, 2, 4 and 6 Pieces 2, 3 and 4		
			Relationships	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 4, 5 and 6 Pieces 1, 4 and 5		
			Changing Me	Year 5 (9-10) Year 6 (10-11)	Piece 5 Piece 4		
			Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 5 and 6 Pieces 3, 4 and 6		
		3.23 learn about which ethical/moral codes form the rules in my life	Celebrating Difference	Year 5 (9-10) Year 6 (10-11)	Pieces 1 and 2 Pieces 2 and 6		
			Healthy Me	Year 5 (9-10) Year 6 (10-11)	Pieces 1, 2, 4 and 6 Pieces 1, 2, 5 and 6		
			Relationships	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 4, 5 and 6 Pieces 2, 4, 5 and 6		
			Dreams and Goals	Year 6 (10-11)	Piece 5		
			Changing Me	Year 6 (10-11)	Piece 4		
			Decision making - ethical choices	3.24 be selfless rather than selfish when making ethical decisions	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Pieces 2 and 3 Pieces 3 and 4
					Celebrating Difference	Year 5 (9-10)	Pieces 5 and 6 Piece 6
Dreams and Goals	Year 5 (9-10)	Piece 6					

				Year 6 (10-11)	Pieces 3,4 and 5
Resilient		To be resilient I aim to:	The Jigsaw REST (Resilience and Engagement Scale and Toolkit) provides a way to measure resilience and offers interventions for each of the 10 resilience descriptors.		
	Tenacity	3.25 apply myself to practising things I need to get better at	Dreams and Goals	Year 6 (10-11)	Pieces 1 and 2
		3.26 develop and apply strategies to deal with disappointment	Dreams and Goals	Year 6 (10-11)	Pieces 1 and 2
			Healthy Me	Year 6 (10-11)	Pieces 2,5 and 6
	Metacognition	3.27 identify when I am stuck and when my learning is progressing	Changing Me	Year 6 (10-11)	Pieces 1 and 5
			Being me in My World	Year 6 (10-11)	Piece 1
		3.28 realise that learning takes effort and may not always be successful	Dreams and Goals	Year 6 (10-11)	Pieces 1 and 2
			Dreams and Goals	Year 6 (10-11)	Pieces 1 and 2
Respectful		To be respectful I aim to:			
	Others	3.29 treat others as I would like to be treated	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, and 4 Piece 4
			Celebrating Difference	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3 and 4 Pieces 1, 2, 4, 5 and 6
			Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Pieces 5 and 6 Piece 6
			Changing Me	Year 6 (10-11)	Piece 4
		3.30 critically engage with opinions different to my own	Celebrating Difference	Year 5 (9-10) Year 6 (10-11)	Pieces 1, 2 and 6 Pieces 1, 2 and 6
			Being Me in My World	Year 6 (10-11)	Piece 5
			Dreams and Goals	Year 6 (10-11)	Piece 3
		3.31 be considerate of others' rights and cultural norms	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 5 and 6 Pieces 2, 3, 4 and 6
			Celebrating Difference	Year 5 (9-10) Year 6 (10-11)	Pieces 1, 2 and 6 Pieces 2 and 6
			Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Pieces 4, 5 and 6 Pieces 3, 4 and 5
	3.32 value diversity and question prejudice and bias	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 5 and 6 Pieces 2 and 3	

		3.32 cont.	Celebrating Difference	Year 5 (9-10) Year 6 (10-11)	Pieces 1, 2 and 6 Pieces 1, 2, 5 and 6	
	Environmental	3.33 apply strategies to manage the use of concrete and abstract resources	Dreams and Goals	Year 5 (9-10)	Pieces 4, 5 and 6	
			Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Pieces 5 and 6 Pieces 3 and 4	
			Relationships	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 4, 5 and 6 Pieces 5 and 6	
			Being Me in My World	Year 6 (10-11)	Pieces 2 and 3	
			Healthy Me	Year 6 (10-11)	Pieces 2, 5 and 6	
Thinker		To be a thinker I aim to:				
	Critical Thinkers	3.34 analyse issues and evaluate solutions in local and global contexts.	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Pieces 2 and 3 Pieces 2 and 3	
			Celebrating Difference	Year 5 (9-10) Year 6 (10-11)	Pieces 1, 2 and 6 Pieces 1, 2 and 6	
			Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Pieces 4, 5 and 6 Pieces 3 and 4	
			Healthy Me	Year 6 (10-11)	Pieces 3 and 4	
			Relationships	Year 6 (10-11)	Pieces 1, 2, 4, 5 and 6	
			3.35 use reasoning to support conclusions	Being Me in My World	Year 5 (9-10) Year 6 (10-11)	Piece 4 Pieces 2 and 3
	Metacognitive thinking	3.36 reflect and act on ways of developing my strengths and overcoming my weaknesses	Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Piece 3 Pieces 1 and 2	
			Healthy Me	Year 5 (9-10) Year 6 (10-11)	Pieces 1, 2, 4 and 6 Pieces 1, 5 and 6	
			Relationships	Year 5 (9-10) Year 6 (10-11)	Pieces 1, 4, 5 and 6 Pieces 2 and 3	
			Changing Me	Year 5 (9-10) Year 6 (10-11)	Pieces 1 and 6 Pieces 1 and 5	
			Being Me in My World	Year 6 (10-11)	Piece 1	

		3.37 reflect on the success of strategies for learning K, S and U	Relationships	Year 5 (9-10)	Pieces 1
			Being Me in My World	Year 6 (10-11)	Piece 1
			Dreams and Goals	Year 6 (10-11)	Pieces 1 and 2
	Creative thinkers	3.38 innovate and evaluate solutions to real world problems or issues	Celebrating Difference	Year 5 (9-10)	Pieces 1, 2 and 6
			Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Pieces 5 and 6 Pieces 3, 4 and 5
			Relationships	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 3, 4, 5 and 6 Pieces 2, 3, 4, 5 and 6
			Being Me in My World	Year 6 (10-11)	Pieces 2 and 3
			Celebrating Difference	Year 6 (10-11)	Pieces 4 and 6
			Healthy Me	Year 6 (10-11)	Pieces 2, 3, 4, 5 and 6
			3.39 seek fresh perspectives through examining others' ideas	Being Me in My World	Year 5 (9-10) Year 6 (10-11)
	Curious thinkers	3.40 extend learning through making connections	Dreams and Goals	Year 5 (9-10) Year 6 (10-11)	Pieces 2, 4, 5 and 6 Pieces 1 and 2
			Being Me in My World	Year 6 (10-11)	Piece 4
			Healthy Me	Year 6 (10-11)	Piece 6
			Relationships	Year 6 (10-11)	Piece 6