

The match between Jigsaw PSHE (3-11) for Key Stages 1 and 2 and the International Primary Curriculum

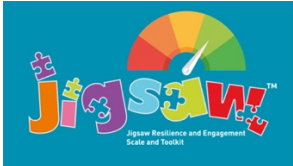
It should be noted that communication, empathy, respect and metacognition, in particular, are embedded within every Jigsaw lesson e.g. the social games (Connect Us) and the multiple opportunities where children consider each other's feelings when they are speaking and listening. Mindfulness philosophy and practice underpin and permeate Jigsaw, with Pause Points and Calm Me in every lesson, significantly developing children's metacognition. Therefore, the pieces (lessons) cited are where explicit learning could be more specifically tailored to the milepost.

Unit coverage for Milepost 1: Key Stage 1, Years 1 (ages 5-6) and 2 (ages 6-7)

IPC Personal Learning Goal	Strand	Milepost 1	Jigsaw Puzzle	Year Group	Piece
Adaptable		To be adaptable I aim to:			
	Flexibility	1.1 approach tasks with an open mind	Being Me in My World	Year 2 (6-7)	Piece 4
		1.2 try different ways of doing things	Dreams and Goals	Year 1 (5-6) Year 2 (6-7)	Piece 5 Piece 2
	Metacognition – supporting learning through managing emotions	1.3 follow strategies to manage my own feelings	Being Me in My World	Year 2 (6-7)	Piece 1
			Healthy Me	Year 2 (6-7)	Piece 2
		1.4 realise that my opinions may change over time	Changing Me	Year 1 (5-6)	Piece 2

Collaborator		To be a collaborator I aim to:			
	Group/team-work and learning	1.5 contribute to group work and learning with various groups/teams	Dreams and Goals	Year 1 (5-6) Year 2 (6-7)	Piece 3 Pieces 4, 5 and 6
		1.6 appreciate how everyone's activities combine to achieve a goal	Dreams and Goals	Year 1 (5-6) Year 2 (6-7)	Piece 3 Piece 6
	Leadership	1.7 fulfil the role of leader or group member as and when directed	Dreams and Goals	Year 2 (6-7)	Pieces 4,5 and 6 (if this child has taken the role of group leader)
Communicator		To be a communicator I aim to:			
		1.9 use verbal & non-verbal communication that is appropriate to the situation, purpose and audience	Dreams and Goals	Year 2 (6-7)	Pieces 4, 5 and 6
	Digital /social media				
	Multilingualism	1.11 appreciate that people are able to use languages at different levels	Changing Me	Year 2 (6-7)	Pieces 2 and 3
	Integrity	1.12 be honest and truthful	Relationships	Year 1 (5-6) Year 2 (6-7)	Piece 2 Pieces 4 and 5
			Celebrating Difference	Year 2 (6-7)	Piece 4
	Clarity	1.13 be clear and relevant	Being Me in My World	Year 2 (6-7)	Piece 4
		1.14 attentively focus on what is being communicated	Being Me in My World	Year 2 (6-7)	Piece 4
	Environmental communication (anything in the world around us that communicates a message)	1.15 interpret information from a range of sources	Dreams and Goals	Year 2 (6-7)	Pieces 4, 5 and 6

Empathetic		To be empathetic I aim to:			
	Learning	1.16 recognise that others may have different learning needs to myself	Being Me in My World	Year 2 (6-7)	Piece 4
Celebrating Difference			Year 2 (6-7)	Pieces 5 and 6	
Emotions	1.17 recognise feelings and emotions in others	Dreams and Goals	Year 2 (6-7)	Pieces 3 and 4	
		Being Me in My World	Year 2 (6-7)	Piece 4	
Emotions	1.18 recognise that my words and actions have consequences	Celebrating Difference	Year 2 (6-7)	Piece 3	
		Being Me in My World	Year 1 (5-6)	Piece 5	
		Relationships	Year 2 (6-7)	Pieces 3 and 4	
Compassion	1.19 recognise some of the differences and similarities between my own life and that of others	Celebrating Difference	Year 1 (5-6) Year 2 (6-7)	Pieces 1 and 2 Pieces 1,2, 5 and 6	
		Relationships	Year 1 (5-6) Year 2 (6-7)	Piece 5 Pieces 3 and 5	
Compassion	1.20 demonstrate kindness to others	Relationships	Year 1 (5-6) Year 2 (6-7)	Piece 2 Piece 5 and 6	
Ethical		To be ethical I aim to:			
	Ethics in school and my local environment	1.21 recognise that rules are there to help us	Being Me in My World	Year 1 (5-6) Year 2 (6-7)	Pieces 2 and 3 Pieces 2,3 and 5
Healthy Me			Year 1 (5-6)	Piece 5	
Ethics in the world (and subject learning)	1.22 1.23 learn about rules related to different cultures				
		Celebrating Difference	Year 2 (6-7)	Pieces 6	
Decision making - ethical choices	1.24 make positive choices when given the opportunity	Being Me in My World	Year 1 (5-6) Year 2 (6-7)	Piece 5 Piece 6	
		Healthy Me	Year 1 (5-6) Year 2 (6-7)	Piece 2 Pieces 4, 5 and 6	

Resilient		To be resilient I aim to:	The Jigsaw REST (Resilience and Engagement Scale and Toolkit) provides a way to measure resilience and offers interventions for each of the 10 resilience descriptors.		
	Tenacity	1.25 have more than one go at something	Dreams and Goals	Year 1 (5-6) Year 2 (6-7)	Piece 5 Piece 2
		1.26 appreciate that not everything can go my way	Dreams and Goals	Year 1 (5-6) Year 2 (6-7)	Piece 5 Piece 2
	Metacognition	1.27 seek help only when I really need it	Relationships	Year 1 (5-6)	Piece 4
			Being Me in My World	Year 2 (6-7)	Piece 2
		1.28 realise that learning takes effort	Dreams and Goals	Year 1 (5-6) Year 2 (6-7)	Piece 6 Piece 6
Respectful		To be respectful I aim to:			
	Others	1.29 treat others as I would like to be treated	Dreams and Goals	Year 1 (5-6)	Piece 3
			Relationships	Year 1 (5-6) Year 2 (6-7)	Piece 2 Pieces 5 and 6
		1.30 accept that others have different opinions to me	Celebrating Difference	Year 1 (5-6) Year 2 (6-7)	Piece 2 Pieces 3, 5 and 6
			Being Me in My World	Year 2 (6-7)	Piece 4
		1.31 be considerate of others' personal space and their things	Relationships	Year 1 (5-6) Year 2 (6-7)	Piece 3 Piece 2
	1.32 recognise and accept that we are all different	Celebrating Difference	Year 1 (5-6) Year 2 (6-7)	Piece 2 Pieces 3, 5 and 6	
Environmental	1.33 use less, share resources and help maintain shared environments	Dreams and Goals	Year 2 (6-7)	Pieces 4, 5 and 6	

Thinker	To be a thinker I aim to:				
	Critical Thinkers	1.34 identify and consider issues in local and global contexts	Celebrating Difference	Year 2 (6-7)	1,2 and 5
		1.35 give a reason for why I think something	Being Me in My World	Year 2 (6-7)	Piece 4
	Metacognitive thinking	1.36 reflect on my own strengths and weaknesses to inform next steps in learning	Dreams and Goals	Year 1 (5-6) Year 2 (6-7)	Piece 5 Pieces 1 and 2
		1.37 reflect on where I have been successful in my learning	Dreams and Goals	Year 1 (5-6) Year 2 (6-7)	Piece 6 Piece 6
	Creative thinkers	1.38 imagine solutions to problems	Dreams and Goals	Year 1 (5-6) Year 2 (6-7)	Piece 5 Piece 2
		1.39 use others' ideas as inspiration	Dreams and Goals	Year 1 (5-6)	Piece 3
			Being Me in My World	Year 2 (6-7)	Piece 4
	Curious thinkers	1.40 seek to connect learning to personal experiences	Changing Me	Year 1 (5-6)	Piece 5
			Dreams and Goals	Year 2 (6-7)	Piece 6